



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>LIB – Library (2nd F) ML – Media Lounge (2nd F) PL – Puzzle Lounge 2nd F) CR – Card Room (1st F) CY – Courtyard (1st F) L – Lobby (1st F) AR – Activity Room (Lower) DR – Dining Room (Lower) MP – Multi-Purpose Room TR – Theatre (Lower)</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Crafts with Clarisa MP 1:00 Bingo L 2:00 Giant Crossword L 3:15 Afternoon Stretch</p> <p style="text-align: center;">May Day</p>	<p>ML 9:30 Sittercise MP 10:30 Door Basketball CR 1:00 Bridge ML 2:15 Dance Fitness with Lesley TR 2:00 Men’s Club MP 3:00 Book Club</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Current Events 1PM Shopping Trip: Giant L 1:30 Trivia Challenge MP 3:00 Philosophy 101 with Professor McGuinness</p>	<p>ML 9:30 Sittercise MP 10:00 Catholic Prayer CR 1:00 Bridge MP 1:00 Bingo PL 1:30 Scrabble L 2:00 May the 4th Be With You Star Wars Movie Matinee</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Ping Pong L 1:30 The History of Cinco De Mayo MP 3:30 Cinco De Mayo Fiesta!</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: <i>Paper Moon</i> MP 1:30 DIY Stress Balls L 2:30 Coloring Club</p>
<p>ML 9:30 Move and Groove With Clarisa MP 11:00 Lewinsville Live Stream Worship Service MP 1:00 Ping Pong With Students CR 1:30 Rummikub and Scrabble</p>	<p>ML 9:30 Move and Groove with Clarisa L 10:30 Dave and Company Sing-along MP 1:00 Bingo MP 3:30 Musical Mending with Melanie!</p>	<p>ML 9:30 Sittercise MP 10:30 Chair Yoga CR 1:00 Bridge MP 1:30 Lost Sock Day Craft TR 2:00 Men’s Club L 3:00 Bob Clark’s Musical Bonanza</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Current Events Lunch Trip MP 1:00 Bingo CY 2:00 Nerf Gun Target Practice L 3:15 Afternoon Stretch</p>	<p>ML 9:30 Sittercise MP 10:00 Catholic Prayer DR 1:15 Food Forum and Food Tasting with Schwan’s Company!! DR 2:00 Resident Council MP 6:00 Horse Racing Game</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Ping Pong L 1:00 Giant Crossword MP 2:00 Fashion Show!</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: <i>Planes, Trains and Automobiles</i> L 2:30 Coloring Club</p>
<p>ML 9:30 Move and Groove with Clarisa MP 11:00 Lewinsville Live Stream Worship Service DR 11:00 Mother’s Day Brunch MP 1:00 Ping Pong with Students CR 1:30 Rummikub and Scrabble</p> <p style="text-align: center;">Mother’s Day National Skilled Nursing Week</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 This Day in History MP 1:00 Bingo DR 2:00 “All About the 50s” Variety Show with Loye!</p>	<p>ML 9:30 Sittercise MP 10:30 Word Games CR 1:00 Bridge TR 2:00 Men’s Club ML 2:15 Dance Fitness with Lesley</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Current Events 1PM Shopping Trip: Dollar Tree MP 3:15 Lewinsville Worship Service MP 6:00 Horse Racing Game</p>	<p>ML 9:30 Sittercise MP 10:00 Catholic Prayer CR 1:00 Bridge PL 1:30 Scrabble CY 2:00 May Mixer</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Ping Pong CY 1:00 Potomac School Outdoor Concert MP 2:30 Museums of the World: with Roger Koment</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: <i>Erin Brockovich</i> L 2:30 Coloring Club</p> <p style="text-align: center;">Armed Forces Day</p>
<p>ML 9:30 Move and Groove with Clarisa MP 10:00 St. Dunstan’s Church Service MP 1:00 Ping Pong with Students CR 1:30 Rummikub and Scrabble</p>	<p>ML 9:30 Move and Groove with Clarisa L 10:30 Dave and Company Sing-along MP 1:00 Bingo AR 2:00 Paint Your Own Bookmark! MP 3:30 Musical Mending with Melanie!</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>ML 9:30 Sittercise ML 10:30 Chair Yoga CR 1:00 Bridge TR 2:00 Men’s Club MP 3:00 Speed Friend Connection!</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Current Events 1PM Shopping Trip: Walmart L 1:00 Bingo MP 3:00 Penny Pitching Game</p>	<p>ML 9:30 Sittercise MP 10:00 Catholic Prayer CR 1:00 Bridge PL 1:30 Scrabble MP 2:00 Sip & Paint</p> <p style="text-align: center;">Shavuot Begins</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Ping Pong MP 2:30 Armchair Travels</p>	<p>ML 9:30 Fab, Fit, & Fun With Yvonne! MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: <i>Space Cowboys</i> L 2:30 Coloring Club</p>
<p>ML 9:30 Move and Groove with Clarisa MP 11:00 Lewinsville Live Stream Worship Service MP 1:00 Ping Pong with Students CR 1:30 Rummikub and Scrabble</p>	<p>ML 9:30 Move and Groove with Clarisa CY 11:00 Memorial Day Cook-Out L 1:30 Memorial Day Word Puzzles L 3:15 Afternoon Stretch</p> <p style="text-align: center;">Memorial Day</p>	<p>ML 9:30 Sittercise MP 10:30 Reel Them In! Game CR 1:00 Bridge MP 1:00 Bingo TR 2:00 Men’s Club MP 2:30 Birthday Party</p>	<p>ML 9:30 Move and Groove with Clarisa MP 10:30 Current Events 11:30 Lunch Picnic at Great Falls Park MP 1:30 Crafts with Clarisa L 3:15 Afternoon Stretch</p>	<h1>May 2023</h1> <p>“You are as welcome as the flowers in May.” ~ Charles Macklin</p>		

Please note all activities are subject to change; always check daily sheets for any changes.