

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March 2023</p> <p>Gift Shop: M,W,F: 1:30-3</p>			ML 9:30 Get Movin' With Kate 1 MP 10:30 Current Events 1PM Shopping Trip: Giant L 1:30 Trivia Challenge MP 3:00 Philosophy 101 with Professor McGuinness MP 6:00 Card Games	ML 9:30 Get Movin' With Kate 2 MP 10:00 Catholic Prayer CR 1:00 Bridge LIB 1:30 Scrabble MP 1:30 Bingo L 2:00 Feel Good Stories You'll Want to Hear L 3:15 Afternoon Stretch	ML 9:30 Get Movin' With Kate 3 ML 10:30 Drum Dance L 1:00 Coffee and Table Talk MP 2:30 Work Together Word Games	ML 9:30 Sittercise 4 MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: "Gone With the Wind" MP 1:30 Guess the Guinness World Record L 2:30 Coloring Club
ML 9:30 Move and Groove With Clarisa 5 MP 11:00 Lewinsville Live Stream Worship Service CR 1:30 Rummikub and Scrabble 2:30 Chess with Students!	ML 9:30 Move and Groove With Clarisa 6 10-2 Tax Prep Help MP 10:30 Crafts with Clarisa MP 1:30 Bingo L 2:00 The Story of Purim L 3:15 Afternoon Stretch <small>Purim Begins</small>	ML 9:30 Get Movin' With Kate 7 MP 10:30 Apples to Apples CR 1:00 Bridge ML 2:00 Dance Fitness with Leslie TR 2:00 Men's Club MP 3:00 Book Club	ML 9:30 Get Movin' With Kate 8 MP 10:30 Current Events Lunch Trip MP 1:30 Bingo L 2:00 What is Holi? L 3:15 Afternoon Stretch	ML 9:30 Sittercise 9 MP 10:00 Catholic Mass CR 1:00 Bridge LIB 1:30 Scrabble DR 2:00 Girls and Pearls Tea Party	ML 9:30 Get Movin' With Kate 10 MP 10:30 Ping Pong L 1:00 Pictionary MP 2:30 History of Celtic Music with Roger	ML 9:30 Sittercise 11 MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: "Dr. Zhivago" MP 1:30 St Patrick's Wreath Craft L 2:30 Coloring Club
ML 9:30 Move and Groove With Clarisa 12 MP 11:00 Lewinsville Live Stream Worship Service CR 1:30 Rummikub and Scrabble L 2:30 Giant Crossword <small>Daylight Saving Time Begins</small>	ML 9:30 Move and Groove With Clarisa 13 L 10:30 Dave and Company Sing-a-Long MP 1:30 Bingo L 2:00 Truth or Blarney Trivia Challenge L 3:30 Music with Brian Rudolph	ML 9:30 Get Movin' With Kate 14 ML 10:30 Chair Yoga CR 1:00 Bridge MP 1:30 Balloon Volleyball TR 2:00 Men's Club L 3:30 Bob's Musical Bonanza	ML 9:30 Get Movin' With Kate 15 MP 10:30 Current Events 1PM Shopping Trip: Dollar Tree MP 1:30 Bingo L 3:00 Irish Sing along with Bonnie Kendrick MP 3:15 Lewinsville Worship Service MP 6:00 Card Games	ML 9:30 Get Movin' With Kate 16 MP 10:00 Catholic Prayer DR 1:15 Food Forum DR 2:00 Resident Council L 6:00 Evening of Story and Song with Adam	ML 9:30 Get Movin' With Kate 17 MP 10:30 Ping Pong MP 1:00 Table Hockey MP 2:30 St Patrick's Day Variety Show <small>St. Patrick's Day</small>	ML 9:30 Sittercise 18 MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: "Viva Las Vegas" MP 1:30 March Madness Free Throwing L 2:30 Coloring Club
ML 9:30 Move and Groove With Clarisa 19 MP 11:00 Lewinsville Live Stream Worship Service MP 1:00 Ping Pong with Students CR 1:30 Rummikub and Scrabble MP 3:00 Boy Scout Recital	ML 9:30 Move and Groove With Clarisa 20 MP 10:30 Crafts with Clarisa MP 1:30 Bingo L 2:00 Poetry Club: Let's Write Limericks L 3:15 Afternoon Stretch MP 6:00 Pajama Party Movie Night <small>Spring Begins</small>	ML 9:30 Get Movin' With Kate 21 MP 10:30 Apples to Apples CR 1:00 Bridge ML 2:00 Dance Fitness with Leslie TR 2:00 Men's Club MP 3:00 Mindfulness Minute	ML 9:30 Get Movin' With Kate 22 MP 10:30 Current Events Shopping Trip: Walmart L 1:00 Coffee and Table Talk MP 3:00 What is Ramadan? MP 6:00 Card Games <small>Ramadan Begins</small>	ML 9:30 Get Movin' With Kate 23 MP 10:00 Catholic Prayer CR 1:00 Bridge LIB 1:30 Scrabble MP 1:30 Bingo L 2:00 Toss a Tune L 3:15 Afternoon Stretch	ML 9:30 Get Movin' With Kate 24 MP 10:30 Ping Pong L 1:00 Cornhole MP 2:30 Museums of the World: with Roger Koment	ML 9:30 Sittercise 25 MP 10:30 Catholic Prayer TR 1:00 Movie Matinee: "To Sir, With Love" MP 3:00 AARP Speaker: Preventing Fraud and Abuse in the Medicare System
ML 9:30 Move and Groove With Clarisa 26 MP 11:00 Lewinsville Live Stream Worship Service CR 1:30 Rummikub and Scrabble MP 3:00 Young Musicians Concert	ML 9:30 Sittercise 27 L 10:30 Dave and Company Sing-a-Long MP 1:30 Bingo L 2:00 Trivia Challenge L 3:15 Afternoon Stretch L 3:30 Musical Mending with Melanie	ML 9:30 Get Movin' With Kate 28 ML 10:30 Chair Yoga CR 1:00 Bridge TR 2:00 Men's Club L 2:30 Birthday Party	ML 9:30 Get Movin' With Kate 29 MP 10:30 Current Events Shopping Trip: Unique L 2:00 Coffee and Table Talk MP 3:00 Armchair travels MP 6:00 Card Games	ML 9:30 Get Movin' With Kate 30 MP 10:00 Catholic Prayer CR 1:00 Bridge LIB 1:30 Scrabble MP 1:30 Bingo L 3:15 Afternoon Stretch	ML 9:30 Get Movin' With Kate 31 ML 10:00 Manicures MP 10:30 Ping Pong MP 2:30 Easter Craft with Loye DR 4:00 Spring Fling Family Dinner	LIB – Library (2nd F) ML – Media Lounge (2nd F) CR – Card Room (1st F) CY – Courtyard (1st F) L – Lobby (1st F) AR – Activity Room(Lower) DR – Dining Room (Lower) MP – Multi-Purpose Room TR – Theatre (Lower)

At Your Service!

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Chesterbrook
RESIDENCES
A Caring Assisted Living Retirement Community



“Chesterbrook Guest”
Password:
[chesterbrook](#)

Chesterbrook Corner Store

is OPEN for business !

Hours of Operation

Monday | Wednesday | Friday

1:30pm-3:00pm

Located on the 1st (main) floor near room 122

The Corner Store is run by volunteers from the community and residents. The Corner Store has essentials (paper products, toothpaste, mouthwash, and more). Proceeds from the Corner Store are donated to the Chesterbrook Care Fund.



Transport to Medical Dr. Appts. are Tuesdays and Thursdays 8-3 for offices within 6 miles of Chesterbrook. Please sign-up in the Bus Book across the Dining Room



TTE LLC Salon

Tuesday | Thursday | Friday

10AM – 3PM

Please call 703.474.9517

to schedule an appointment

Closed on Monday & Wednesday

March