

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

10:00 Sittercise ML  
10:30 Crossword & Brains Teaser L  
2:00 Bingo MP  
2:30 Downton Abbey Social ML



2  
10:00 Sittercise ML  
1:00 Mah-Jongg LIB  
2:00 Movie Matinee ML  
Norma Rae w/ Sally Field  
Ice Cream Social



3  
8:30-2:00 Appt.  
10:00 Sittercise ML  
1:30 Bridge Bunch CR  
2:00 Watermelon Social L  
2:30 Bingo ML  
3:00 Game Day L

4  
10:00 Sittercise ML  
10:30 Current Events/Kent MP  
11:00 Lunch/Metro Diner Trip  
1:00 Mah-Jongg LIB



5  
8:30-2:00 Appt.  
10:00 Sittercise ML  
1:00 LAB Run  
1:30 Bridge Bunch CR  
1:30 Scrabble LIB  
2:00 Back To School L  
Ice Cream Social

6  
10:00 Sittercise ML  
10:00 Catholic Mass MP  
1:00 Errands, Giant, CVS, Bank Run  
1:30 Bingo MP  
2:30 Strawberry Jam/Mitch L  
3:30 Shabbat Service MP  
6:00 Movie Night ML  
"Benji"

7  
10:00 Communion & Rosary MP  
10:00 Bridge Bunch CR  
10:00 Accordion/Dave Lovins-L  
10:00 Sittercise ML  
10:30 Daily Chronicle & Crossword L  
1:30 Scrabble CR  
2:30 Downton Abbey Series ML  
6:00 Saturday Night At the Movie ML  
"Chariots of Fire"

8  
National Assisted Living Week 8-14  
10:00 Sittercise ML  
10:30 Crossword & Brains Teaser L  
2:00 Magic Entertainment L  
Phil Crosson  
6:00 Grandkid's Open Mic Night L



9  
9:30 Wal-Mart/ Fair Lakes  
10:00 Sittercise ML  
10:30 Free Swap Meet L  
1:00 Mah-Jongg LIB  
2:00 Happy Trails Party L  
4:00 Concert/Thomas Pandolfi L



10  
8:30-2:00 Appt.  
9:30 Unity Walk/Hain's Point  
10:00 Sittercise ML  
10:30 Bible Study MP  
11:00 Honor Our Nation Concert/  
Dale Allen Jarrett L  
1:30 Bridge Bunch CR  
1:30 A Spark of Creative L  
Dancing/Silvia & Leon  
2:30 Bingo MP

11  
10:00 9/11 Wreath Ceremonies  
1:00 Mah-Jongg LIB  
2:00 Worship Service MP  
2:30 Patriotic Concert L  
Ron Howard  
3:30 Meditation & Recharge /Gale MP



12  
8:30-2:00 Appt.  
10:00 Northern Virginia Therapeutic Horse Visit  
10:00 Sittercise ML  
1:00 LAB Run  
1:15 Food Forum DR  
2:00 Resident Council DR  
3:00 Happy Hour/DJ Lloyd CY  
7:00 Caregiver Support Group MP

13  
9:30 Errands, Giant, CVS, Bank Run  
10:00 Sittercise ML  
10:00 Catholic Mass MP  
1:30 Bingo MP  
2:00 Music Magic Farewell Party  
Jackie Holtzhauer L  
3:30 Shabbat Service MP  
6:00 Movie Night ML  
"From Here To Eternity"

14  
9:30 Sing-along/Ellen L  
10:00 Bridge Bunch CR  
10:00 Sittercise ML  
10:30 Drum Circle-L  
10:30 Daily Chronicle & Crossword ML  
1:30 Scrabble CR  
2:00 Bingo MP  
2:30 Downton Abbey Series ML  
6:00 Saturday Night At the Movie ML  
"The Three Musketeers"

15  
9-12:00 TRS Student Project L  
10:00 Sittercise ML  
10:30 Crossword & Brains Teaser L  
2:00 Bingo MP  
2:30 Downton Abbey Series ML



16  
10:00 Sittercise ML  
10:30 Voter ID Card Photo MP  
1:00 Dollar Tree Shopping  
1:00 Mah-Jongg LIB  
3:00 Family Feud Game L

17  
8:30-2:00 Appt.  
10:00 Sittercise ML  
10:30 Word Search L  
1:30 Bridge Bunch CR  
2:30 Bingo AR  
5:00 Dinner/Family Restaurant Trip

18  
10:00 Sittercise ML  
10:30 Current Events/Kent MP  
11:00 Jazzy Jazz Luncheon/ Jeff  
1:00 Mah-Jongg LIB  
2:00 Lewinsville Communion MP



19  
8:30-2:00 Appt.  
10:30 Piano Concert L  
Hunter O'Neil  
10:00 Sittercise ML  
1:00 LAB Run  
1:30 Bridge Bunch CR  
1:30 Scrabble LIB  
3:00 Sing-along/Bob L

20  
9:30 Errands, Giant, CVS, Bank Run  
10:00 Sittercise ML  
10:00 Catholic Mass MP  
1:30 Bingo MP  
2:00 September Birthday Bash L  
2:30 Strawberry Jam/Mitch L  
3:30 Shabbat Service MP  
6:00 Movie Night ML  
"Flicka"

21  
10:00 Bridge Bunch CR  
10:00 Sittercise ML  
10:30 Daily Chronicle & Crossword ML  
1:30 Scrabble CR  
2:30 Downton Abbey Series ML  
6:00 Saturday Night At the Movie ML  
"Harry and Tonto"



22  
10:00 Sittercise ML  
10:30 Crossword & Brains Teaser L  
2:00 Bingo MP  
2:30 Downton Abbey Series ML



23  
9:30 Trader Joe's Shopping  
10:00 Sittercise ML  
1:00 Whole Food Shopping  
1:00 Mah-Jongg LIB  
2:00 Welcome Autumn Social CY  
3:00 Autumn Trivia L



24  
8:30-2:00 Appt.  
10:00 Sittercise ML  
10:00 Investment Club CR  
10:30 Bible Study MP  
1:00 Book Club/Sally ML  
1:30 Bridge Bunch CR  
2:30 Bingo MP  
3:00 Game Day L

25  
9:30 SPY Museum & Lunch  
10:00 Sittercise ML  
10:30 Current Event/Kent MP  
1:00 Mah-Jongg LIB  
3:30 Meditation & Recharge /Gale MP  
7:00 Jazz/Billie Rutland L



26  
8:30-2:00 Appt.  
10:30 Creative Craft AR  
10:00 Sittercise ML  
1:00 LAB Run  
1:30 Bridge Bunch CR.  
1:30 Scrabble LIB  
2:00 Sing-along-Barb L

27  
10:00 Sittercise ML  
10:00 Catholic Communion MP  
1:30 Bingo MP  
2:30 Strawberry Jam/Mitch L  
3:30 Shabbat Service MP  
6:00 Movie Night ML  
"Grapes Of Wrath"

28  
10:00 Bridge Bunch CR  
10:00 Sittercise ML  
10:30 Daily Chronicle & Crossword ML  
1:30 Scrabble CR  
2:30 Downton Abbey Series ML  
6:00 Saturday Night At the Movie ML  
"Something's Gotta Give"

29  
10:00 Sittercise ML  
10:30 Crossword & Brains Teaser L  
2:00 Bingo MP  
2:30 Downton Abbey Series ML



30  
9:30 Kohl's Shopping  
10:00 Sittercise ML  
1:00 Mah-Jongg LIB  
3:00 Liars Dice Game/Dominic L

Rosh Hashanah (first Day)

# September 2019